

OARC Togetherness Training Workshop Update:



ThorntonView Long Term Care: (LtoR) Felix Neira, Sam Clark and Janette Beck



Maxville Manor: (LtoR) Bernard Bourchard, Dorothy Asselstine, Dina Murray-MacDonald



Sunnyside Home: Trevor Ince

OARC's signature education program: Togetherness Training Workshop brings together the 3 key Residents' Council Team members (comprised of the Council President / Leader, Assistant and Administrator) from different homes to learn from each other and build upon their knowledge base.

There are 35+ homes across Ontario who are now celebrating the completion of OARC Togetherness Training Workshop, with 120 participants! This brings the grand total to 45+ homes across Ontario who have received certificates and an honorary OARC pin for completing the Togetherness Training Workshop with OARC.

Next steps...this program is being evaluated through the Schlegel-University of Waterloo Research in Aging, Centre of Learning, Research and Innovation. The results from the evaluation will shape and influence future Togetherness Training Workshops. Preliminary feedback from the evaluation has provided positive changes in practice, communication, participation and the culture of Residents' Councils in long-term care homes across Ontario!

OARC's Newly Elected Board of Directors

OARC is pleased to announce its newly elected Board of Directors for the 2016-2019 term:

- **Sharron Cooke**, President, York Region Newmarket Health Centre, Newmarket
- **Dorothy Asselstine**, Vice-President, Maxville Manor, Maxville
- **Devora Greenspon**, Secretary/Treasurer, Extendicare Bayview, Toronto
- **Josie Ince**, Past President, Sunnyside Home, Kitchener
- **Sam Clark**, Director, ThorntonView Long Term Care, Oshawa
- **David Kent**, Director, The Village of Erin Meadows, Mississauga
- **Gord McIntee**, Director, Coleman Care Centre, Barrie
- **Wendy Thorburn**, Director, Arbour Heights, Kingston

Congratulations! We would like to give a special welcome to OARC's two new Board Members David Kent and Wendy Thorburn. We look forward to working together for Residents' Councils across Ontario.

Ontario Association of Residents' Councils

Tel: 905-731-3710 | Toll Free: 1-800-532-0201 | info@ontarc.com | www.ontarc.com



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<https://www.youtube.com/channel/UC9zqu513DgytE8UBLjWo05w>

THANK YOU RESIDENTS' COUNCILS

EDUCATE | SUPPORT | PROMOTE

Thank you to all long-term care home Residents' Councils who became members of OARC for the 2016-2017 membership year. Your membership dollars help our continued efforts to support and represent Residents' Councils across Ontario. A special thank you to Extendicare Canada Inc., Extendicare Assist, the Steeves & Rozema Group and the City of Toronto Long-Term Care Homes and Services for supporting their home's Residents' Councils through Corporate Membership with OARC, providing OARC membership for 100% of their long-term care homes. Thank you for believing in and supporting the value of effective Residents' Councils! Questions about membership? Contact Jennifer at ext. 22 jlangston@ontarc.com



**S&R Nursing
Homes Ltd.**
Steeves & Rozema Group



Through Our Eyes: Bringing the Residents' Bill of Rights Alive

Through Our Eyes is a new OARC education program that is being tested in 11 long-term care homes across Ontario. The purpose of the program is to provide a creative, sustainable hands-on way to teach the Residents' Bill of Rights to staff, volunteers, family, residents and other interested groups.

The **OUTSTANDING** feature of this program is that the education session is co-developed and co-facilitated by a staff member and a resident. The program guides the staff and resident through the creation and presentation of an education session.

Feedback from the homes in the test will be incorporated into the next version of the program this Fall.

We Are Growing...

OARC is excited to announce that in the Fall 2016 we will be hiring a full time Education and Community Support Manager.

The full details for this new position will be available on OARC's website www.ontarc.com on August 24th, 2016. Please note that we will not be accepting inquiries or applications until August 24th.

Your Home's Residents' Council Can Help OARC Support the Canadian Dementia Priority Setting Partnership

OARC receives many calls from Residents' Council teams looking for assistance regarding ways to support and include fellow residents living with cognitive changes. OARC provides practical advice and systems that support inclusion for all residents. As part of OARC's strategic plan to support the voices of the residents living with cognitive changes, we continue to develop our skills, participate in special programs and research, develop new OARC education and programs. We hope to further support residents with cognitive changes and your Residents' Council can help!

OARC is part of a national research initiative, "Canadian Dementia Priority Setting Partnership", that is designed to prioritize research about dementias based on participant's feedback.

WHAT YOU SAY MATTERS

This survey asks Canadians about their priorities for dementia research. When identified these top ten priority areas will influence Canadian dementia researchers and research funding organizations. As residents in long-term care homes, your knowledge and lived experience is extremely valuable to this project.

WHO IS OVERSEEING THE RESEARCH

A Steering Group made up of people affected by dementia, either personally or through their work, including representatives from the Alzheimer Society, is guiding this research. It is funded by the Alzheimer Society of Canada and conducted by the Toronto Rehabilitation Institute – University Health Network.

HOW TO EXPRESS YOUR VIEWS

You can answer this survey individually or as a group or do both by completing the enclosed survey and mailing it to Dr. Jennifer Bethell using the postage paid envelope included.

Here's how:

- Step 1: Answer questions about dementia
- Step 2: Provide your information
- Step 3: Provide your contact information
- Step 4: Mail the survey in the enclosed, self addressed envelope

Please note that all questions are optional and all personal information will remain confidential. Surveys may also be completed on line by visiting English: www.alzheimer.ca/researchpriorities or French: www.alzheimer.ca/prioritesderecherche

We hope you will join OARC in supporting this important initiative to focus our time, resources and energy on what is most important to those residents' living with cognitive changes.

If you have any questions about Canadian Dementia Priority Setting Partnership survey, please contact Dr. Jennifer Bethell, Toronto Rehabilitation Institute – University Health Network at 416-597-3422 ext.2158 or email at Jennifer.bethell@uhn.ca

Upcoming OARC Education | Live Webinars

Wednesday, August 24, 2016 – 2 to 3 pm

The Role of Residents' Councils in Long-Term Care Homes – Live Webinar

In response to the many requests we have received about the role of Residents' Councils in long-term care, we are pleased to present a free, live webinar that is designed to provide information about the:

- Meaningfulness of Residents' Council, legislatively and through lived experience
- Scope of influence in the LTC home
- Role of Residents' Council Assistant
- Role of quality improvement & Residents' Council
- OARC tools/resources

Intended Audience:

- Residents' Council President/Leadership Team Members
- Residents' Council Assistants, and
- Other interested stakeholders – family members, volunteers, staff...

Speaker: Susan Thibert, Education and Support, OARC

Register online: <https://www.surveymonkey.com/r/08242016>

Thursday, September 8, 2016 - 2 to 3 pm

Tools to Make the Most of Your Residents' Council - **Repeat Live Webinar**

Back by popular demand, OARC's meeting templates were designed to support the creation and management of Residents' Council Agendas and Minutes.

This free session is designed to:

- Provide overall information about the templates
- Share information about the latest updates to templates including response process and timeline clarification for concerns raised through Residents' Councils

Intended Audience:

- Residents' Council Assistants
- Residents' Council President/Leadership Team Members

Speaker: Dee Lender, Executive Director, OARC

Download the latest version of the templates and Tips and Hints Booklet from our website <http://www.ontarc.com/products.html>

Register online: <https://www.surveymonkey.com/r/09082016>

Registration is limited to the first 50 participants. Questions? Please contact OARC at jlangston@ontarc.com or 1-800-532-0201