OARC In Action

For Residents By Residents

October 2026



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OARC

Thank you to Calvin Morrisseau – OARC Board Director

After five years of dedicated service to OARC's Board of Directors, we extend our sincere thanks to Calvin Morrisseau for his leadership, insight, and commitment to improving the long-term care experience for residents across Ontario.

Throughout his tenure with OARC, Calvin served as a Board Director and was an active member of the Resident Experience Committee, Finance and Audit Committee, and Education Committee. In each of these roles, he brought thoughtful insights, respect for diverse perspectives, and a genuine commitment to meaningful engagement.



Drawing on decades of experience in healthcare leadership, as well as his family's experience with long-term care, Calvin was a strong advocate for dignity, inclusion, and resident-centred care. He was particularly passionate about ensuring that the realities of Northern and underserved communities were considered in discussions about long-term care. Through OARC's work and his

participation in Ministry of Long-Term Care discussions, Calvin shared his knowledge and lived experience, helping foster greater understanding of the unique needs and cultural considerations of Elders living in Northern communities.



Calvin believed deeply in building understanding through knowledge sharing and strengthening relationships between Indigenous and non-Indigenous peoples. He consistently reminded us that residents are people first, each with their own identity, experiences, rights, and responsibilities.

His wisdom, kindness, and dedication have left a lasting impact on OARC and the residents we serve. Our Board and organization were truly enriched by his involvement, and we thank him for his five years of service. We wish him all the very best.

Remembering Jim Gilhuly



Earlier this month, the OARC team was saddened to learn of the passing of former OARC Board Director Jim Gilhuly, a resident of Sunnyside Home in Kitchener.

In our August newsletter, we reflected on Jim's many contributions to OARC during his time as a Resident Advisor and Board Director. On October 12 and 13, it was our privilege to pay our respects and share stories and memories of Jim's "OARC life" with his family and friends during his visitation and funeral service.

Jim will be remembered fondly as a mentor, teacher, and resident leader. A deep thinker with a determined spirit and a wonderfully mischievous dry sense of humour, he generously shared his knowledge, encouraged others to speak up, and helped shape the next generation of resident leaders. His impact on OARC, and on the many people fortunate enough to learn from him, will not be forgotten.

Read Jim's obituary: https://shorturl.at/jDsdh

In the Know at OARC

Board Directors Present at Ontario LTC Clinicians Annual Conference

On October 24, OARC Directors Dr. Fred Mather and Sadie Friesner, alongside Melissa McVie, Acting Executive Director of OARC, presented at the Practical

Pearls in Long-Term Care Conference hosted by the Ontario Long Term Care Clinicians (OLTCC).

Their interactive workshop, *Decision-Making in Long-Term Care*, explored real-world scenarios and complex decision-making challenges commonly encountered in long-term care. Using case studies informed by OARC Resident Leaders, approximately 30 participants, including physicians and nurse practitioners, shared their experiences and perspectives while exploring how key legislation, including the Health Care Consent Act, 1996, the Substitute Decisions Act, 1992, and the Fixing Long-Term Care Act, 2021 (including the Residents' Bill of Rights), can help guide decision-making in practice.





The session highlighted the value of meaningful dialogue and collaborative problem-solving, while reinforcing the importance of balancing resident rights, choice, and well-being in everyday care decisions. It also demonstrated the important role resident perspectives can play in informing clinical decision-making and advancing person-centred care.

We thank OLTCC for creating opportunities for these important discussions and learning opportunities.

Ministry Updates

Ontario Expanding Access to Dementia Care in Long-Term Care Homes

The Ontario government is investing nearly $13 million to expand the Improving Dementia Care Program (IDCP) to 13 additional long-term care homes. The IDCP helps homes implement emotion-based models of care, designed to improve the well-being of residents living with dementia by prioritizing their needs and fostering close relationships between staff, residents and families. This expansion will connect up to 1,300 residents living with dementia to this specialized support.

Read more here: https://shorturl.at/cOkKO

Notice for Residents About Immunization Information on Panorama

Panorama is Ontario's secure electronic provincial immunization system used by health units. A new web tool called Panorama Guided Workflow will allow health care providers to view a residents immunization history, including COVID-19 vaccination records, in one place. It is the resident's choice whether to allow health care providers access to their immunization history through this web tool, and residents can choose to withdraw consent. We encourage long-term care homes to print and display this poster in a location visible to residents and visitors.

- **French Notice Poster**: https://shorturl.at/GwXEh
- **English Notice Poster:** https://shorturl.at/CvBOA

October 21, 2026 – New: Long-Term Care Home Design Manual

The Ministry of Long-term Care is pleased to announce the release of the updated Long-Term Care Home Design Manual, 2026 (the 2026 Design Manual) and the new Long-Term Care Home Catalogue of Standardized Designs, 2026 (the Catalogue). Together, these resources support the government's commitment to increasing long-term care capacity across Ontario by providing greater clarity, consistency, and efficiency in the planning, design, and development of long-term care homes.

- Additional information, including access to the 2026 Design Manual and the Catalogue, is available here: https://shorturl.at/91mX8
- **Assistant Deputy Minister Memo**: https://shorturl.at/iZrnv

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OARC Webinars

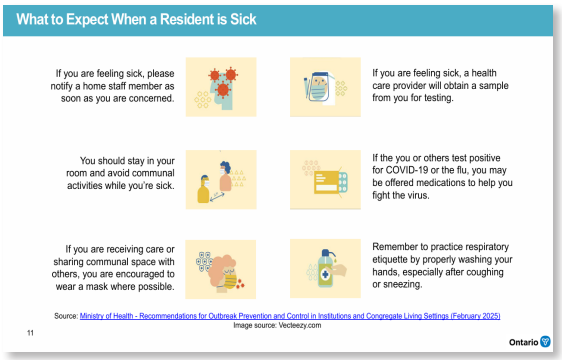
Webinar Recording: Respiratory Season Preparedness for Residents

Everyone has a role to play in keeping their long-term care home and community safe. On October 13 representatives from Ontario's Ministry of Long-Term Care and the Office of the Chief Medical Officer of Health joined OARC for an informative overview of what residents can expect this season. Anticipated respiratory illnesses, seasonal immunization, infection prevention and control



measures and guidance on ways residents and caregivers can protect themselves and others were addressed. The session was followed by a Q&A led by OARC Resident Leader Ann Donaldson that expanded on the information presented.

- **Recording:** https://tinyurl.com/45y6ap3x
- **Slide deck:** https://shorturl.at/KWRvz
- **Vaccine Fact Sheet for Residents**
  a. English: https://shorturl.at/NOoXR
  b. French: https://shorturl.at/BiKqv



Article – Flu, COVID-19 and RSV: Sorting out your fall vaccine options

With so many vaccine options now available comes more questions. McMaster University has prepared a simple to read information guide explaining the importance of flu vaccines for older adults, the newest option for RSV, and the protections vaccines provide. In addition, the article offers a list of questions residents can bring to their health care provider on their next appointment to help guide an informative conversation.

Read the article here: https://tinyurl.com/yc2mhksk

November Webinar Series – Recreation Beyond the Activity Calendar

Part One "A Behind the Scenes Understanding"



Recreation is so much more than keeping residents busy. Beyond providing games, events, and activities, recreation supports residents' well-being, independence, relationships and sense of purpose.

Join OARC this November 18 for the first part of our two-part series exploring Recreation Therapy in long-term care, and the important role it plays in supporting quality of life and person-centred care in long-term care homes.

- **Date: November 18, 2026**
- **Time:** 2:00 pm ET
- **Register:** https://tinyurl.com/nhz9w9fb

Long-Term Care Home Spotlights

Crafting With Care and a Big Heart – Ron Palfrey, A Resident Leader and Master Crafter

Written by Stephanie Buosi, OARC Communications Coordinator

OARC was introduced to Ron through an application submitted by his home, Mill Creek Care Centre, for the Sharron Cooke Annual Legacy Award, which recognizes meaningful resident and home leadership collaboration and contributions. Through the application, we learned about Ron's fundraising initiative and were inspired by his commitment to giving back. In speaking with Ron, I had the opportunity to learn more about Crafting for Care, his motivations, and the life experiences that have shaped his generous spirit.

Crafting for Care is a resident-led fundraising initiative centered around Ron's love of crafting and his skill in constructing intricate wooden models. Ron spends hours each day, from 8am to 3pm working on these models. The models are highly detailed, with working mobile components and lights, and are a hot commodity in his community. Once complete, they are either sold or raffled. Ron shared that during last year's Christmas, all 14 of his creations sold within the hour. Through the efforts of Ron and supporting staff, Crafting for Care has raised over $4000 so far, with all proceeds going back to the residents of his home.

To Ron, it's the little things that make life comfortable. The money raised by Crafting for Care goes into a fund for the residents of the home. Managed by trusted staff members, the funds are distributed to residents when they are unable to afford certain items, such as a new set of glasses, that are small but vital items that impact a person's quality of life. ***"That's the purpose of life, really, to help your neighbour,"*** Ron shared. "I've been around and traveled considerably, I've helped people a lot especially when I was over in Germany."



From 1962 to 1966, during the Cold War, Ron was stationed at the Berlin Wall. A large part of his job was to detain and interrogate the people crossing from the East side of Germany to the West. At the that time, the country was divided with the East overseen by Russia and the West by allied nations including the United Kingdom and Canada. Ron shared that this was a very stressful time in his life. "You had to arrest them [the people attempting to cross the border] and

> ***"Part of your job was to see that these people didn't get injured further, were looked after, had warm meals, clothing and blankets.***

send them on for further interrogation –make sure they're not spies. You also had to make sure they had food and water and simple everyday things. Some of these people were waiting to cross the border for seven to eight days. They were starving and cold, afraid of getting caught. Part of your job was to see that these people didn't get injured further, were looked after, had warm meals, clothing and blankets." This time of his life has stayed with him, contributing to his motivations behind his fundraising efforts. Community, caring for your neighbours, and being kind and respectful are integral parts of Ron's life. And although fundraising is important to Ron, to him, it's secondary to his home at Mill Creek Care Centre.

Ron's move into his long-term care home came sooner than he anticipated. It was a big change from living independently to moving into a home, and at first, he wasn't sure if he was going to like it. "I didn't know what the home was like or what was expected of me. I had to make the decision in 24 hours, and I said yeah I'll take it. Fast forward, I enjoy life here. People respect me. The PSWs [Personal Support Workers], the nurses, the office staff, and cooks, I got to know most of them. They say hi to me first thing in the morning and when they leave at 2:30 they wave goodbye. I don't want to ever leave this place. This is my home."

It was through his model crafting that Ron can make a lot of these daily connections. With the help and suggestions of the staff, Ron moved his work to the front lobby of the home. This brought a new visibility to his crafting, and allowed other residents, staff, family members, and visitors to easily meet with and converse with him. His crafting has inspired conversations and new connections. He's even inspired and encouraged others to try crafting with him. ***"It's hard [to find crafting partners] because the person's got to have the agility to maneuver their fingers and the mental capacity to follow the steps. So, people are reluctant to try. But I say: try it, you might be surprised."*** Ron is a big believer that your imagination is the only thing that stops you from going forward.

Getting to know Ron was a true pleasure. His excitement and passion for his models was catching. This holiday season will prove to be another busy and successful fundraising opportunity for him, with Ron already hard at work months ahead. "Christmas orders are coming in now. The Eiffel tower is popular. The cuckoo clock is a forerunner; I still have three of those to make… A new one came in and I'm dying to make it. It's a bakery, and you can put the bread odor in. I want to make it, but there's so many others I have to make first." When I suggested he put aside a bit of his time each day to build that bakery for himself, he gently shot me down. As I learned is typical of Ron, his community, and giving back, comes first.



Thank you so much to Ron for sitting down with us and sharing his story, and for Danielle Thiffault, Programs Manager at Mill Creek Care Centre, for helping to arrange the conversation.

Residents' Council Week – Elevating the Resident Experience at peopleCare AR Goudie



This year, peopleCare AR Goudie in Kitchener had a lofty goal to make Residents' Council Week one of the flagship events in our home. With a robust Residents' Council supporting residents in our 208-person home, we wanted to celebrate their voice, contribution and advocacy.

Planning started with extra meetings with residents' council members, Programs Manager Tonya Claydon, and Executive Director, Jeremy Zinger. Together, we came up with a schedule of events that reflected the diverse wants and needs of the home. Some events were loud, proud, and cheerful like the annual Walk to Wellness, an enormous success with residents, families, team members, vendors, and local politicians joining in to raise awareness for long term care in Ontario. Other events were quieter moments for learning and reflection, like the Resident and Family Panel - an intimate event where frontline team members were invited to listen to a panel of residents and family members talk about their experiences in our home.

The week was especially special as we launched a new program: Fireside Pages Book Club. Designed by the residents for the residents, this new evening program allows residents looking for greater cognitive stimulation to come together for a calm evening of reading –complete with milk and freshly baked cookies! Enjoyed in AR Goudie's beautiful Grand Hall, which features a functional gas fireplace, the central location allowed residents from each of the seven home areas to join in after supper with ease. The event kicked off with Charlotte's Webb, and residents have been enjoying the weekly program since. "We already have a running list of books to continue our program," Tonya shared. "Admittedly, the addition of the milk and cookies came from the recreation department - we love a bedtime snack!"

Sprinkled through the week were events aimed at elevating resident knowledge and experience. This included a Residents' Rights Scavenger Hunt, and two townhall sessions to share updates on leadership and quality improvement initiatives. Lastly, the residents enjoyed a Jazz Band performance in the Grand Hall on Saturday to conclude a jam-packed week!

"The recent weeklong activities in celebration of our Residents' Council were a thing to be proud to be part of. With the smiles on all faces during the various activities of the week, I read it as a great hit with everyone," reflects Residents' Council president, Mark Reitzel, in his thank-you message to home leadership, staff, volunteers, family members and residents. "I have already started notes for next year to be even bigger and better."

The residents and team at AR Goudie are already brainstorming for next year - and consider this year to have been a wonderful addition to the homes programming. It increased our sense of community, and our desire to continuously improve the resident experience by consulting those who matter most - the residents.

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Thank you to AR Goudie, and Programs Manager Tonya Claydon for sharing their special and fun-filled Residents' Council Week celebrations with us!

Tackling Your Toolkit

Be part of long-term care (LTC) culture change!

Help inspire new ways of engaging with residents in shaping the places they call home. In this segment, we showcase a different resource, implementation tip, or spotlight from our Resident Engagement Toolkit, Everything About Residents Involves Residents. We hope you will be inspired to start or continue your co-design journey.

Learn more about our free toolkit here: https://shorturl.at/xmEed

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Celebrating LTC Spotlight Stories – Norview Lodge



This month, Education and Home Support Coach Erin Westwood visited Norview Lodge in Simcoe Ontario. What made this home visit extra meaningful was the opportunity for Erin to meet with the Residents and Residents' Council featured in the toolkit, and celebrate Norview Lodge's contribution as one of our Spotlight Stories in person.

The Spotlight Stories in the toolkit were selected to spark fresh ideas and inspire new ways to co-design

with residents in the home. Norview Lodge's Spotlight shines a light on residents as the true experts when it comes to life in long-term care. At Norview Lodge, residents are an important part of the home tour and move-in (admission) process. Co-developed by a Resident Leader, Social Worker, and Supervisor of Programs and Volunteer Services, the Resident Greeter Program allows prospective new residents to hear directly from their peers about what it is like to like in the home. This builds connection right from the beginning, builds trust between new residents and the home, and provides purpose and meaning for the residents serving as tour guides.

Donna L., resident tour guide, offers her thoughts of the program in the toolkit: ***"I really like being able to talk to people about Norview Lodge and telling them what it is like to live here. It makes me happy to know that people want to hear what I have to say, and I consider this my job, and I don't ever like to miss a tour."***

Adapt This to Your Home

Interested in starting a Resident Greeter Program at your home? The Toolkit includes helpful implementation tips that will help you get started. Download the Toolkit and head to pages 46 and 47 today!



Coaches Corner

Coaches Corner brings you helpful tips, insights, and resources directly from our four Education and Home Support Regional Coaches. This October, Erin Westwood gives suggestions on how to keep the momentum of Residents' Council Week alive, with tips on how to promote your council, their impact, and accomplishments, in the home.

Let Your Voice Be Heard! Tips for Promoting Your Residents' Council

This year, OARC's Residents' Council Week challenge was "Your Council, Your Story: Show Us Your Brag Board." The challenge encouraged Residents' Councils to showcase their achievements, celebrate their success stories, and share the positive difference they make in their homes.

As the Education and Home Support Coach for the West Region, I am often asked how to promote Residents' Council. My suggestion? Create your Brag Board and

keep going all year long! Sharing your Council's successes helps raise awareness, celebrate achievements, and encourage other residents to get involved. A strong Residents' Council starts with residents knowing it exists and understanding how it brings their voices together.

Creating a Brag Board or Display Space

Set aside a space in your home for all things Residents' Council. It could be a wall display, bulletin board, scrapbook, or even a smart TV! Share meeting dates and locations, meeting minutes, upcoming events, and projects your Council is working on. You can also highlight positive changes, introduce Resident Leaders through photos and short biographies, and share event photos and testimonials. Work together and have fun making the display your own.

Visit our website for Brag Board suggestions: https://shorturl.at/Uxp2D

Make Your Brag Board or Display Space Accessible

Think about how your Residents' Council shares information and what might make it difficult for residents to stay connected. Would information boards in each home area help?

Make sure Council information, including meeting minutes, is easy to access. Is the print large enough to read? Is there another way for residents who have difficulty seeing to receive the information? Do residents who choose not to attend meetings know where to find minutes and updates? Discussing these questions can help ensure every resident has the opportunity to stay informed and share their voice.



Watford Quality Care's Brag Board

Other ways to Spread the Word

There are many other ways beyond Brag Boards and Display spaces to spread the word about your Council.

1. Work with your Residents' Council Assistant to find out what resources are available in your home.
2. Reserve a spot in the home's monthly newsletter to share updates, achievements, and information about Residents' Council.
3. Use posters and calendars to promote meetings and special events and celebrate your Council's accomplishments.
4. Use OARC's template to create a brochure about your Residents' Council. Include it in admission or welcome packages, or deliver it personally to new

residents. You may also want to join new residents and their families on tours of the home. A welcoming introduction can reassure residents that their voices matter and that a supportive community is ready to hear their ideas.

5. Wear your pride! Make buttons, T-shirts, stickers or name badges to promote your Council and wear them in common spaces in the home.

Work Together



Your Residents' Council is independent of the home, but the home's team can support your Council's goals. Let staff know what your Council is working on and where help would be welcome. You might ask for support sharing meeting reminders, helping residents get to and from events and meetings, or promoting fundraisers in the staff room or wider community. Consider joining a staff huddle or hosting a coffee and chat to talk about your Council's projects and the Residents' Rights you are exploring together. Team members and Volunteers could help share and exchange important information.

Keep the Momentum Going

Promoting your Residents' Council is about more than increasing meeting attendance. It helps residents understand the Council's role and see how their voices, ideas, and lived experiences can help shape the place they call home.

Keep sharing, keep speaking up, and keep celebrating. Your voice matters—and your Residents' Council is a way to make it heard!

For more ideas and support, reach out to your Regional Education and Home Support Coach. We welcome the opportunity to visit your home and learn from you. Educational sessions on the role of Residents' Council in long-term care, the Residents' Bill of Rights, and other topics can be tailored to your needs and help strengthen your Council.



Erin Westwood

Education & Support Coach, West Region

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If you have any questions about Residents' Council promotion, or would like to connect with Erin on other topics, please reach out.

Resources

Program Inspiration:

Article: North Bay Francophone project recruits seniors to read with Grades 1 and 2 students

"Francophone Stories Come Alive: Grandparent Readers in Action," is a new program in North Bay that brings generations together through the vehicle of reading and books. Inspired by the Lire et faire lire program, a literacy program based in Quebec which encourages volunteers aged 50+ to share books and reading with children, "Francophone Stories Come Alive" will provide specialized training to 15 volunteers, equipping them with skills to lead reading activities in three North Bay Catholic elementary schools.

"Through this project, we want to celebrate the contribution of grandparents and recognize their essential role in transmitting our culture and supporting the growth and well-being of our youth," said Julie Béchard, Executive Director of Parents partenaires en éducation.

Read the full article here: https://tinyurl.com/8fxhz4fm

Welcome a new busy tenant to Your Long-Term Care Home – Urban Beekeeping and Honey Workshops

Connect your long-term care home to nature in a new, unique way that provides engagement opportunities, supports mental health, and makes a positive impact on biodiversity. The extra benefit? Fresh honey that residents have helped produce themselves.





Alvéole is a purpose-driven company that focuses on bringing nature into cities. Their core program puts a living beehive on rooftops, maintained by Alvéole's beekeepers every three weeks and brought to life through workshops like honey extraction and guided hive visits. To date, Alvéole cares for beehives in over 70 cities, and 2200 buildings, including senior residences and long-term care homes.

The program offers wonderful, shared touchpoints—from interactive hive openings and educational workshops to community honey harvests—that deeply engage residents and families alike.

To learn more visit: https://www.alveole.com/

Interested in the beekeeping program? Contact David Kappele at david.kappele@alevole.com to get started.

Media, Podcasts, Articles:

Podcast: Beyond the Agenda: The Unspoken Priorities for Canada's Health System - Santis Health

In this episode of "From the Burgundy Chairs" highlights and discusses the health priorities that would not make the official list when the federal, provincial and territorial health ministers convened in October. The first section interviews Jodi Hall, Chief Executive Officer of the Canadian Association for Long Term Care, to discuss the current state of the long-term care sector in Canada. Jodi speaks about the demand for LTC spaces, their important role as community hubs, changing workforce and care needs, and the gaps between what the sector is being asked to deliver verse what is being funded. Jodi also shares the changes she hopes to see over the next five years

- **Segment on long-term care:** 1:10 – 14:15
- **Listen now:** https://shorturl.at/Lipv3

Article: Canadian elder care providers building a new type of long-term care facility

Called small home units, pods or cottage living, a new long-term care building design that shifts away from large, institutionalized living into smaller, contained living units, has been adopted by non-profit care providers across Canada. This article highlights the variety of ways this new style of building has been incorporated across the country, and details the challenges and benefits of it's adoption.

- **Read the full article:** https://shorturl.at/oxsjb

Podcast - Keeping Life in Motion: Physiotherapy & Bone Health - GeriEvidence



"I'm really hopeful. I see exponential growth in the research and seeing how it's applied in improving everyday lives. […] We have a lot of information now of what people should be doing for osteoporosis and exercising and don't let fear stop you."

This episode features a conversation with Bonny O'Hare, founder and Direction of Pro Motion Physiotherapy and an international leader in osteoporosis care. She speaks of the changing environment of osteoporosis care, offers tips on how one living with osteoporosis can work with their care providers on a specialized exercise plan that meets patients at their ability level, and the improvements she's seen in patients through the implementation of new research and care techniques.

- **Listen to the episode:** https://shorturl.at/XWzLK

Resources:

Join the Family Councils Ontario Community of Support

Family Councils Ontario's Knowledge Exchange has moved to a new interactive platform. With the new Family Councils Ontario Community of Support, care partners can connect with other community members in a secure platform, participate in supportive conversations, share resources and experiences, and find groups that match your interests and needs. Care givers, family members and residents are invited to join.

- **Learn more here:** https://cos.fco.ngo/

Ontario Centres for Learning, Research and Innovation (CLRI) – Supporting Indigenous Culture in Long-Term Care Initiative

Did you know that the Ontario Centres for Learning, Research and Innovation (CLRI) has compiled resources to support Indigenous Culture in long-term care? "Supporting Indigenous Culture in Long-Term Care" provides resources developed with support from partnerships with Indigenous organizations and communities across Ontario. Topics include Land Acknowledgement Guiding frameworks, Indigenous Cultural

Safety training, education on the Four Sacred Medicines and more.

To access this growing list of resources visit: https://shorturl.at/CennW

RIA - Navigating the Seasons: A Holistic Guide to Dementia Care



Late October brings shorter daylight hours, cooler weather, and more time spent indoors. Shorter days can also trigger increased disorientation and restless for those living with dementia. In this guide, shared by the Schlegel-UW Research Institute for Aging, browse wellness tips that support dementia care during this seasonal transition. These include ideas for activities, seasonal meals (complete with a recipe for Apple Cider Muffins), and building daily routines that can help individuals maintain personal dignity and a sense of control.

Read the full article on LinkedIn: https://shorturl.at/TzKQW

Workshops and Webinars

CLRI at Bruyère Health - Palliative Care Series for Families & Care Partners

The Ontario CLRI at Bruyère Health team is offering a free 8-part virtual education series designed to deepen understanding of key palliative care topics. Geared towards family members, care partners, or anyone interested in learning more about a palliative approach to care, you can register for one or more sessions based on your interests and availability.

The next session, “Let’s Talk Advance Care Planning & Goals of Care Conversations,” is planned for November 12, 2026, from 1:00-2:30 PM ET.

- **To learn more or to register for a session visit:** https://tinyurl.com/8vfa5u23

RIA - LIVING the Dementia Journey Workshop

LIVING the Dementia Journey (LDJ) is an award-winning, evidence-informed training program for those who support people living with dementia. Learners gain awareness and understanding that changes not only the way they view dementia, but the way they support people living with it. RIA’s new and improved workshop highlights how to offer more inclusive and culturally safe care, incorporating the latest

research to help care partners provide even better support.

Suitable for those who support people living with dementia , a workbook and certificate of completion will be provided to participants.

- Date: November 6, 2026 | Time: 8:30am – 4:30pm ET
- Cost: $200*

*If you work in an Ontario long-term care home, you may be eligible for funding for this workshop. Please email info@the-ria.ca for more information.

- **To learn more and register visit:** https://shorturl.at/AkHix

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OLTCA KnowledgeBREAK Webinar: Introducing Long-Term Care Quick Guides Initiative

Staff and providers working in long-term care homes are invited to join and learn about a new initiative called the Long-Term Care Quick Guides. Funded by Ontario Health, this initiative includes free resources that are simple and easy to use guides to help staff and providers navigate tender conversations with families and residents.

Learn what the Quick Guide are, why they were created, and how they will help encourage a more proactive resident – and family – centred care culture in your home.

- Date: November 11, 2026 | Time: 12:00 PM ET
- **Register:** https://shorturl.at/oAdMU

Thank you to AdvantAge Ontario, Extendicare, Java Group Programs, peopleCare communities, Sienna Senior Living and S&R Group for supporting OARC's Confidence in Culture Change Program.

To find out more about how you can support OARC, please contact Melissa McVie, Acting Executive Director mmcvie@ontarc.com.

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